

Vaccines and Boosters

The spring Covid-19 vaccine is being delivered by NHS staff from 1st April.



Invites are being sent via email, NHS App messages, texts, or letters – **but you do not need to wait for an invite to book your appointment.**

As well as booked appointments at some GP practices and pharmacies, there are **many walk-in appointments available every day**, with a full list of local locations available on the [NHS walk-in finder](#).

Professor Sir Stephen Powis, NHS England's National Medical Director, said: "It is important we remember Covid-19 is just not just a winter illness and even in spring and summer it remains dangerous for those most at risk, such as older adults, care home residents and those who are immunosuppressed."

If you are aged **75 and over**,
an older adult care home resident,
or immunosuppressed individual
aged six months and over,
click or scan for information
on how to book your
Spring Booster 2025.

You can now book your
COVID-19 booster

- 75 or over
- Health condition
- Resident in care home for older people

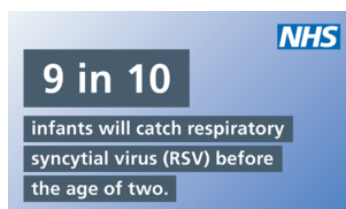


click
scan

RSV vaccination when
you're pregnant is
the best way to
protect your baby.

The NHS is also encouraging
those **aged 75 to 79** (and those
who have turned 80 since 1
September 2024) **and pregnant**

women from 28 weeks to
get the RSV vaccine by
booking an appointment
with their GP practice or
speaking to their maternity
services.



For more information about RSV,
Respiratory Syncytial Virus, click
or scan. Vaccines can be booked
through your GP or by speaking to
your maternity service



NB. AMP does not currently offer the Covid Vaccine.

Practice News

Dr Martina Hagley Retires

From the Practice.....

"After more than 20 years of dedicated service, we will be bidding a fond farewell to Dr Martina Hagley, who will be retiring on 2nd May.

As a committed and compassionate GP, Martina has been a cornerstone of our practice & a trusted caregiver to countless patients over the years. Martina's commitment to patient care, clinical excellence, and tireless dedication have left a lasting impact on our community and team. Her presence will be greatly missed by her colleagues but especially by her patients.

We are incredibly grateful for Martina's years of service and wish her a very happy and well-deserved retirement."

A word from some of Dr Hagley's patients.....

"Doctor Hagley, is a fantastic Doctor and a brilliant GP, she has helped and guided me through my illness, she is very kind, courteous, compassionate, a good listener, and gives very clear and concise instructions. Dr Hagley is a credit to the NHS and the surgery."

"Dr Hagley has always encouraged me, supported me, offered brilliant advice, shown empathy, and has always shown an interest in me and my life.....Most importantly of all, though, Dr Hagley is always there for me. She makes time to see me even if it means she has to squeeze me in after all her other appointments. She reassures me, when I present with symptoms I'm very anxious about, and because she has taken the time to get to know me as a person - not just her patient - she understands what makes me anxious and tries to calm me down. I honestly do not know what I would have done without Dr Hagley's continuous support and care over the past few years. I am not sure I would be here today, if she hadn't shown such care and compassion towards me. So, a massive thank you - you deserve such recognition for your hard work."

"Dr Hagley is the best GP I've ever had so approachable so empathetic so intelligent and such a good doctor she really instilled me with confidence and has saved my life on many occasions and shows great understanding"

Practice website:
www.ashlea.nhs.uk



Call **8-10am** for an **URGENT** Appointment
Call **AFTER 10am** for Non-Urgent app



Contact PPG (non-medical
patient volunteer group)
ashlea.ppg@gmail.com

Linden House 01372 375666



Gilbert House 01372 276385



Local and online support
for those dealing with
and caring for someone
with Dementia

Please click on the different
organisations to access support

Local
Dementia
Support
Services



Alzheimer's
Society

Benefits of
Getting a
Dementia
Diagnosis



MSDCT

Mid Surrey Dementia Care Trust
The Conservatory Club

Conservatory Club Leatherhead,
social club for those with early
to middle stage dementia.



Unpaid Carers Directory - for
a comprehensive list of
information and support
services for those caring for
people with dementia and
other conditions.



Inspiring Mental Wellbeing

*Free Mental
and Emotional
Help and Support*

Over the age of 16 and experiencing any
form of mental or emotional health issues?

Access our FREE services.

With a daily calendar of activities in
Leatherhead and access to a multitude of
mental wellbeing services, **click [here](#)**
and contact MFT today.

DiABETES UK

KNOW DIABETES. FIGHT DIABETES.

Diabetes Type 2, unlike Type 1, is usually
treated with a combination of **weight-loss,**
healthy eating and a more active life style, and
you may not need medication. With all of these
things in place, it is possible that **Diabetes Type**
2 can be reversed and you can go into
remission. Diabetes Type 2 can be hard to
recognise so it's important to be aware of these
symptoms and if you feel something isn't right,
contact your GP (having these symptoms does
not necessarily mean you have Diabetes).

- Weeing a lot, especially at night.
- Being really thirsty.
- Feeling more tired than usual.
- Losing weight without trying to – and getting thinner.
- Genital itching or thrush.
- Cuts and wounds taking longer to heal.
- Blurred eyesight.

For more information about Diabetes,
please follow the link [here](#) to the
Diabetes UK website or call their
helpline.



0345 123 2399



Melanoma awareness

Click [HERE](#)
and download
your Skin Check
Leaflet



MELANOMA
FOCUS



We can send our Newsletter direct to your inbox monthly as we publish.

Contact us now and we will add you to our mailing list - ashlea.ppg@gmail.com